

Aiello Center for Comprehensive Medicine

Consent for Bio-identical Hormone Use

Theoretical benefits of taking bio-identical hormones:

Lower mortality-----Decreased depression-----Decreased osteoporosis

Healthier heart-----Increased energy-----Decreased weight

Possible lower incidence of breast cancer-----Less Arthritis

Less vaginal dryness -----Improved collagen elasticity/ better skin texture

Memory improvement/Decreased dementia and Alzheimer's disease

Enhanced Sex Drive (libido)-----Decreased Type II Diabetes

Theoretical risks of taking bio-identical hormones:

Return of bleeding (in the form of a period and sometimes abnormally heavy and irregular which could necessitate a sonogram or a D & C for diagnosis.)

Uterine cancer (increased by imbalanced hormones and decreased by balanced hormones)

Fibroid growth (a concern if you have fibroids)

Deep vein Thrombosis / pulmonary emboli (reduced by taking omega 3 oil)

Possible more breast cancer

I have reviewed the Female Hormone Information Packet and understand the above risks and benefits.

Patient Name _____

Patient Signature _____

Date _____

